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### Columbia Law School Series - Fall Session Workshop: "Conflict Resolution and Mental Health"

Population

Date limite: 26 nov 2023

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|---------------------------------------|---|
| Type:                                 | Workshop  |
| Emplacement:                          | Web-based   |
| Date:                                 | 27 nov 2023   |
| Durée:                                | 1 Days  |
| Zone du programme:                    | Governance, , Multilateral Diplomacy                            |
| Site internet:                        | <a href="http://www.unitar.org/ny">http://www.unitar.org/ny</a> |
| Prix:                                 | 0.00 \$US   |
| Personne de référence de l'événement: | mehdi.ladab@unitar.org  |
| Partenariat:                          | Columbia Law School   |

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### ARRIÈRE PLAN

The event will take place on Friday, November 27th (times 10:00 AM to 1:00 PM).

This workshop is the third session of the Fall 2023 Columbia Law School training series.

## OBJECTIFS DE L'ÉVÉNEMENT

Humanity faces a global mental health crisis. Following the COVID-19 pandemic, many areas of the world are seeing massive societal impacts from poor mental health. We also see a global divide in access to mental health information, resources and treatment. This crisis impacts how we resolve conflict, at every level – personal and institutional. In this groundbreaking new program, participants will learn what aspects of conflict resolution can be impacted by mental health, what ethical problems can be presented when mental health issues arise, and tools to recognize and cope – including boundary setting. The workshop also will help participants understand, recognize and mitigate the vicarious trauma that can occur from working in conflict resolution.